

MAY, JUNE & JULY

CLUB	PROGRAM	DAY	TIME	INSTRUCTOR
ENDAH PARADE	FASTFIT	MONDAY	6.00PM	VINCENT
	FASTFIT	SUNDAY	12.20PM	VINCENT
	PLAYGROUND	WEDNESDAY	5.00PM	AZRUL
	PLAYGROUND	SUNDAY	11.00AM	AZRUL
MID VALLEY	PLAYGROUND	MONDAY	6.30PM	BLACK
	FASTFIT	THURSDAY	7.15PM	LAMBERT
	PLAYGROUND	MONDAY	6.30PM	FAQIH (BLACK)
WANGSA WALK	FASTFIT	WEDNESDAY	8.10AM	JOHNSON
	PLAYGROUND	THURSDAY	8.00AM	ADILA
SUNWAY PYRAMID	PLAYGROUND	TUESDAY	10.00AM	FARHAN
	FASTFIT	WEDNESDAY	5.30PM	TEERA
MAIN PLACE	FASTFIT	WEDNESDAY	5.30PM	TEERA
	PLAYGROUND	WEDNESDAY	5.00PM	IZZUL
JAYA ONE	FASTFIT	SUNDAY	3.00PM	TARA
ONE UTAMA	PLAYGROUND	THURSDAY	8.00AM	JAA
	PLAYGROUND	THURSDAY	5.30PM	SYAJAD
KEPONG VILLAGE	FASTFIT	FRIDAY	6.40PM	JAYDEN
	FASTFIT	SATURDAY	8.10AM	MAY XUEN
MYTOWN	FASTFIT	TUESDAY	10.00AM	BENNY
	FASTFIT	WEDNESDAY	6.00PM	MAY XUEN
	PLAYGROUND	TUESDAY	7.00PM	ADAM
	PLAYGROUND	WEDNESDAY	7.00PM	DANISH AKMAL
D'PULZE	FASTFIT	WEDNESDAY	6.30PM	ROSE
	FASTFIT	SUNDAY	2.00PM	EDWARD
	PLAYGROUND	THURSDAY	6.00PM	AZMEE
KAJANG	FASTFIT	WEDNESDAY	10.20AM	ROY
	PLAYGROUND	TUESDAY	2.30PM	FADHULLAH
BANGSAR VILLAGE II	FASTFIT	FRIDAY	10.15AM	LEO
	PLAYGROUND	MONDAY	5.30PM	FAZZWAN HALLAK
QUEENSBAY MALL	FASTFIT	TUESDAY	7.00PM	JARVIS
	FASTFIT	THURSDAY	6.00PM	TERRENCE
	PLAYGROUND	FRIDAY	6.00PM	DHARVIN
FAHRENHEIT88	PLAYGROUND	MONDAY	7.00PM	AKMAL
NU SENTRAL	FASTFIT	TUESDAY	6.30PM	OSCAR
	PLAYGROUND	THURSDAY	6.00PM	KHAIRUL
BUKIT RIMAU	FASTFIT	TUESDAY	6.10PM	STEVE
	PLAYGROUND	MONDAY	5.00PM	IDHAM
KLANG PARADE	FASTFIT	WEDNESDAY	7.10PM	STEVE
PALM MALL, SEREMBAN	FASTFIT	THURSDAY	6.15PM	KRUEZ

*Schedule subject to change on Public Holidays and the instructor's availability.

